



6 Activities

**TO TEACH YOUR KIDS
ABOUT HELPING OTHERS**



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6 Family Activities

TO TEACH YOUR KIDS ABOUT HELPING OTHERS

Parents want to raise children who will change the world. These six ideas will help you start conversations with your little ones about local and global poverty. It's never too early to teach them about serving!

1. Give it away

Each time your child receives a new toy, find another toy he or she can send to a local charity. You might purchase it from a store or give an old one from your child's bedroom. Just make sure the item is in good condition!

Ask your child:

- How did it feel to get a new toy?
- Were you happy or sad to give away a toy?
- How do you imagine the boy or girl who receives your toy will feel?

2. Shop global

Browse [BGR's gift catalog](#) with your kids. Choose an item to give together! Then, tell them how the gift can impact a child in another country.

For example, a milk cow for a family can provide nourishment, income, and eventually, meat.

Ask your child:

- Was it easy or hard to decide what to buy?
- Would you be excited to receive these gifts?
- What else would you buy for someone in need?

3. Go local

Call your local food bank and ask what items they need most. Go grocery shopping with your children and drop off the food together! Explain that people in your own community are in need of food.

Ask your child:

- How do you feel when you are hungry?
- Why do you think these families need help finding food to eat?
- What are other ways we can help homeless families in our community?
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4. Study the Word

Read bible verses about helping the poor together. Write your favorite verses and place them around the house in places like your refrigerator, bathroom mirror, or closet. Challenge your kids to memorize as many verses as possible. These can get you started: [James 1:27](#), [Proverbs 31:8-9](#), and [Isaiah 61:1](#).

Ask your child:

- Which verse is your favorite?
- How does God feel about poor people?
- What does God tell us to do for poor people?

5. Pinch pennies

Throughout the year, put your loose change in a piggy bank. On your child's birthday, help them count the money and use it to purchase something special from [BGR's gift catalog](#).

Ask your child:

- What is the best birthday present you've ever gotten?
- Would you rather give gifts or receive gifts on your birthday?
- What are other ways you can raise money to buy items from the gift catalog?

6. Explore the world

Choose a country to study together each month. Discover facts, cook traditional meals, and learn key phrases in the country's language. Find organizations working in these countries and support their efforts.

Ask your child:

- How is this country different from the United States? How is it the same?
- How would you serve people in this country?
- In which country would you like to live?

