

# RELIEF KIT



*Thank you for partnering with BGR to send **hope** and hygiene items to people who need them most! Your kit will bring relief to families in crisis. Disaster survivors, refugees, and communities in turmoil will receive these kits.*

## PACKING NOTES

One kit will cost around \$15 or less.

**Baptist Global Response (BGR)** has researched and worked with partner organizations to determine the best resources to include in the kits. For uniformity in packing and shipping as well as customs approval in recipient countries, please only provide completed kits that match the detailed list. Varying kits and materials may delay shipments and in some cases may mean that the kits will not be accepted into a country.

All kits must include all of the requested items. Some items listed are available in bulk or are only available in quantities larger than needed.

Purchase new items and, when stated, use only the brands included on the shopping list. Please refrain from adding cards, letters, photos, directories, bulletins or ANY other items that are not specifically identified in the instructions. **Good intentions can inadvertently cause delays with customs or compromise the safety of our partners living in the field.**



***“We live by your support every month. If it weren’t for [BGR], I don’t know how we would live!”***

— Refugee who received food and hygiene items

# SHOPPING LIST

## STORAGE:

- ☐ 1 (6 qt size) plastic storage box

## PHARMACY & HEALTH/BEAUTY SUPPLIES:

- ☐ 1 shampoo (travel size)
- ☐ 1 toothbrush
- ☐ 1 toothpaste (travel size)
- ☐ 1 fingernail clipper
- ☐ 1 wide-tooth comb
- ☐ 10 standard size band-aids
- ☐ 1 body wash (travel size)

- ☐ 1 Vaseline (travel size)
- ☐ 1 body/hand lotion (travel size)
- ☐ 1 lip balm
- ☐ 1 wet wipes (travel size)
- ☐ 2 to 4 packs of facial tissue (travel size)

## BATH LINENS:

- ☐ 1 wash cloth
- ☐ 1 hand towel

# INSTRUCTIONS

- 1** Remove all labels from the plastic storage box.
- 2** Neatly place items in the box from largest to smallest. Save the hand towel for last to fill the remaining space.

## ALL DONE? GET READY TO SHIP!

Go to [gobgr.org/reliefkits](https://gobgr.org/reliefkits) for updated information.

Send your **Relief Kit** to:

**BAPTIST GLOBAL RESPONSE**  
c/o Warehousing Pro, LLC  
2601 Hart Street  
Nashville, TN 37207

Notify BGR at [ReliefKits@gobgr.org](mailto:ReliefKits@gobgr.org)  
when your kits are coming.

Email [ReliefKits@gobgr.org](mailto:ReliefKits@gobgr.org) if you have any questions regarding this project.

[gobgr.org/reliefkits](https://gobgr.org/reliefkits)